

# Support Services

If you are feeling uncomfortable, anxious, or distressed in any way, we encourage you to discuss your concerns. You are welcome to discuss these concerns confidentially with Mr Adrian Schembri (Primary Investigator, [adrian.schembri@student.rmit.edu.au](mailto:adrian.schembri@student.rmit.edu.au), ph: 9925 7376), Dr David Smith (Project Supervisor, [david.smith@rmit.edu.au](mailto:david.smith@rmit.edu.au), ph: 9925 7523), or Dr Susan Paxton (Secondary Project Supervisor, [susan.paxton@latrobe.edu.au](mailto:susan.paxton@latrobe.edu.au), ph: 9479 1736). You are also welcome to refer to the list of services that are currently available to provide assistance.

## General Information

Lifeline (Australia wide)	131114
Beyondblue Information Line (Australia wide)	1300 22 4636
RMIT University Psychology Clinic (Victoria)	(03) 9925 7603

## Victoria

Eating Disorders Foundation of Victoria	(03) 9885 0318
The Butterfly Foundation	(03) 9421 3923
Anxiety Disorders Association of Victoria	(03) 9853 8089

## New South Wales

Eating Disorders Foundation Inc.	(02) 9412 4499
Anxiety Disorders Alliance	(02) 9879 5351

## Queensland

Eating Disorders Resource Centre	(07) 3891 3660
Panic and Anxiety Disorders Association QLD Inc.	(07) 3353 4851

## South Australia

Eating Disorders Association of South Australia Inc.	(08) 8332 3466
Panic Anxiety Disorder Association	(08) 8227 1044

## Tasmania

Community Nutrition Unit	(03) 6222 7222
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## Western Australia

WA Eating Disorders Alliance	(08) 9444 5922
Anxiety Self Help Association Inc.	(08) 9346 7262

## ACT

Women's Centre for Health Matters	(02) 6290 2166
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