Preparing For a Mock Interview

Careers consultants are available by appointment to assist you with preparation for an employment interview. The careers consultant will ask you some questions and give you feedback about your performance, providing tips for improvement.

You will gain maximum benefit from your interview practice if you are well prepared.

Attend a practice (mock) interview appointment with a careers consultant and allow time to first do the following preparation before making an appointment.

- Read the Quick Tips for Interviews—download from www.rmit.edu.au/careers or pick up a copy from Career Development and Employment on campus.
- View streamed interview DVDs at www.rmit.edu.au/careers go to Students/Get That Job/Preparing for Interviews.
- View a video about interviews at Career Development and Employment, such as Why Ask Me That and Behavioural Interviewing. If you expect to attend an assessment centre or group interview it would be useful to also watch the video, The Assessment Centre or The Group Interview. Videos are 20-30 minutes in length.
- Check the website www.rmit.edu.au/careers for the latest Preparing for Employment Seminars program. Attend an interview preparation seminar or workshop.
- Review any material you have about the job you are applying for (job advertisement, selection criteria, job description, company information) and try to anticipate questions you may be asked. Think about examples from your course, work experience and extra-curricular activities that could demonstrate your skills and experience.
- Think about possible questions that may be asked.
- Draft answers using the STARL model. STARL stands for Situation, Task, Action, Result, Learned.
- Practice answers to interview questions on www.jobsite.co.uk/bemyinterviewer

The Mock Interview

- If you are preparing for a specific job, leave a copy of job related information with our receptionist when you make your appointment. The careers consultant will use this information to choose questions related to the job selection criteria.
- If you would also like feedback about your interview attire you may choose to dress as you would for the interview; this is optional.

Further Information

www.rmit.edu.au/careers Students/Get that job for many links, DVDs, interview practice and more.

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