Hit the ground running

**Skill Builder: Finding my way**

**Resources:**
- Academic promotion
- About the VET sector
- Practical guide to teaching
- Resources for Learning and Teaching
- Supporting your Learning and Teaching at RMIT
- VET essentials

**Workshops:**
- Event and protocol management at RMIT
- First aid CPA refresher
- Managers Desk Top - self service HR reporting
- Risk management
- RMIT Governance and academic policy for effective student advising

**Online:**
- Analysing your life balance
- Balancing your responsibilities simulation
- Creating work/life balance
- Maintaining your life balance
- Managing workplace stress
- Planning and implementing a business strategy
- Taking control of stress